

IBE Home Care

In the shower

- Scrub your scalp, then gently squeeze shampoo through extensions. Rinse thoroughly, repeat.
- Apply a deep conditioning mask through mids and ends and clip it up for the remainder of your shower, then rinse thoroughly.
- Gently towel dry, squeezing with a microfiber towel or t-shirt to soak up excess water, do not rub extension hair or wrap it tight in a towel.

Styling

- Apply leave in conditioner and detangle using your extension brush. Separate by rows and brush out each section beginning at the ends of the hair and working your way up. Do not brush over the base of the wefts, press firmly against them while you brush.
- Air dry 80-90% then proceed to style with a round brush or diffuser.
- Make sure the top of the wefts are 100% dry to avoid mold, damage to wefts and scalp irritation.
- Brush 3-4 times a day working from the ends of the hair up toward the scalp.
- If you will be applying heat, always ensure you are using heat protection and use the lowest necessary heat setting.

General

- It's best to avoid chlorinated water and salt water-if you find yourself in a pool or in the ocean put your hair in a high bun to keep it from being exposed to the salt or chlorine.
- Each night **before bed, apply around 3 to 4 pumps of hair oil or serum** to the midshaft and ends of your hair. To avoid tangling while you sleep **gently brush hair and put it into one or two low braids.**
- Sleep on a Satin pillowcase to decrease friction.
- Do not sleep with wet hair. It can cause matting.

Ingredients & products to avoid:

- Protein Dominate Products will cause the hair to become brittle and break off. Avoid products labeled reparative or keratin.
- Olaplex (will have an adverse reaction causing the hair to mat and break off)
- Silicone based products that are not water soluble and will adhere to the hair
- Quaternium 80, 95, 16 (encourages a fast acting blow dry and will cause hair breakage)
- Dimethicone (use only if followed by dimethiconol)
- Sodium Hydroxide (It's a lye relaxer, it will break down bonds in the hair)
- Avoid sunscreen with Avobenzone (Butyl Methoxydibenzoylmethane) It will turn your hair orange.
- Avoid Moroccan oil, it will turn hair oil.
- Avoid products labeled reparative or keratin
- Use only the professional products recommended by your stylist.

Helpful Videos:

How to Shampoo-

<https://youtu.be/nTJhzot6n5k>

Blow Drying-

https://youtu.be/XiLRM9_jt04

How to Curl-

<https://youtu.be/CILK9Q1YVWo>